



WEEKLY UPDATE



09/01/25

Welcome back!

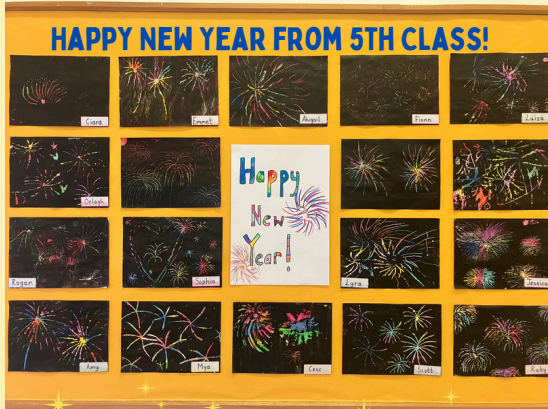
Welcome back to all our children, parents/guardians and staff. Despite the chilly weather, it is great to see everyone back to school full of energy for the new term.



Value for the month: Happiness and Wellbeing

We are putting a focus on wellbeing and happiness during January. Classes will be doing a variety of activities such as yoga, 30 days of mindfulness, meditation, circle time and nurture. We are asking children to notice small moments of happiness in their day - or sparkle moments.

Why not take on a home challenge? Can everyone at home (children and adults) gather once a day to share their sparkle moment with each other everyday?



Junior Infants New Year's Resolutions



What makes me happy 5th class

Spread the sparkle!

PE

We are very lucky to have a number of sports happening in school at the moment with the support of external groups during our PE sessions.

Please make sure your children are wearing appropriate footwear on the correct days. Senior Infants, 3rd, 4th and 5th: **Dance** with Federica from Catherine Casey dance school on Tuesdays.

Junior Infants, 1st, 2nd and 6th: **Rugby** with Karl from Leinster Rugby on Tuesdays.

5th and 6th: **GAA** with Jack from Ballinteer St. John's on Mondays.

3rd and 4th: **Swimming** in Meadowbrook



Robins by 3rd class



Happy New Year from all in RETNS

le dea ghúí - Anna Acting Principal

