

**RATHFARNHAM**



**EDUCATE TOGETHER  
NATIONAL SCHOOL**

## **Weekly Update 30 June 2023**

**Thank you for your very generous gift presented by Shonagh at yesterday's assembly. Thank you too for the last five years, for your support and cooperation and most of all for your children. It has been such a pleasure!**

### **This Week in RETNS**

**Such a fantastic week with the 6<sup>th</sup> class graduation on Tuesday and a beautiful farewell assembly for Maureen, Patricia, Phil and myself yesterday morning. We got beautiful, thoughtful gifts from the children and there was wonderful singing. Thank you so much to Anna and Katie for their organisation of this assembly.**

**Today, Maureen, Phil and I welcomed the last Walking Bus of this school year. The Walking Bus has always been a highpoint in the school week. Thank you to all the organisers and drivers.**

### **New Staff**

**Welcome to our new staff members:**

**Louise Ledwith, our new principal**

**Nicole Griffin, our new class teacher**

**Amy Adams and Clare Dooley, our new ANAs**

**Kim Mc Partling for the 1.30 Club**

**Class teachers and ANA allocations will be announced in the near future.**

### **Scooters left behind**

**Two blue scooters and a helmet have been left in school. They can be collected from Maurice.**

### **RETNS Lotto**

**Last week's lotto winner of €20 was Niamh Ní Chochláin and this week's winner was Pam Furlong (again!)**

**There was no winner of the jackpot which now stands at €975.00.**

**Please spread the word and encourage family and friends to join to help grow our fundraiser at <https://www.ourfundraiser.ie/org/retns>**

**Final reminder to take part in the Transition to Teenager in Girls Project  
Message from the research team:**

*We are at the final stages of signing up girls (aged 11-13 ½ years) to the Transition to Teenager in Girls Project (see flyer attached).*

*Thank you very much to everyone who has already taken part in this project. It has been so nice meeting you.*

*We only need about 10 more typical girls to take part so please consider signing up - That means girls without a diagnosis of autism, adhd, dyslexia or dyspraxia.*

*What do I have to do if I decide to take part?*

*Girls will be asked to do a 20-30 minute meeting on zoom with the researcher Ailbhe. In these meetings, they will answer questions by ticking boxes about mental health, social relationships, and menstruation (periods). Ailbhe will be there to help you along with the questions. If they want to, they can do the questions without the researcher and not have the zoom meeting.*

*Then, they will do the same questions again in one year. The project was designed with teenage girls to make sure it was enjoyable and very easy to take part in. A lot of girls have said they enjoyed taking part.*

*Parents will complete questionnaires about their daughter (20 minutes).  
This research is all online. You don't need to go anywhere for it.*

*The research is aiming to understand mental health and well-being in girls as they become teenagers. The research is being carried out by a group of researchers at the School of Medicine from the University of Edinburgh.*

*This project is closing on the 5<sup>th</sup> July. The deadline for contacting Ailbhe to take part is the 4<sup>th</sup> July. If you'd like to take part or find out more about the research contact Ailbhe McKinney at [a.m.mckinney@sms.ed.ac.uk](mailto:a.m.mckinney@sms.ed.ac.uk) or call/text 07388454435.*

Enjoy the summer!

Le dea-ghuí

Maeve

## Transition to Teenager in Girls Project: Online Research



We are conducting research to understand mental health and well-being in girls as they transition into the teenage years.

If you are a girl seeing this who wants to take part, show this to your parent/guardian and they can contact the researcher.

**To take part**, they must be between 11 and 13.5 years old when they sign up.

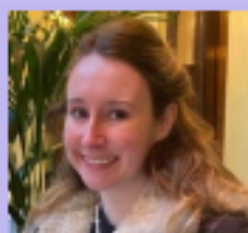
### **What is involved in taking part?**

Girls will be asked to do two 30-minute meetings on zoom over 1 year. In these meetings, girls will answer questions by ticking boxes about mental health, social relationships, camouflaging (tendency to want to blend in), and menstruation (periods). The researcher will be there to help them.

**Benefits of taking part** Findings from this study will be used to create booklets for parents/guardians and school staff to support well-being in girls.

To learn more about this study you can email:

Ailbhe McKinney at [a.m.mckinney@sms.ed.ac.uk](mailto:a.m.mckinney@sms.ed.ac.uk) or call/text 07388454435.



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