

RATHFARNHAM



EDUCATE TOGETHER
NATIONAL SCHOOL

Weekly Update 23 February 2023

This Week in RETNS

Golden Boot Competition

This week's winners were Rang VI, closely followed by Rang II and in joint third place were Rang V and Rang III. Well done to Rang II who appeared on the winners' list for the first time.

Today we celebrated Pancake Day with our Pancake Day fundraiser. Thank you to the parents/guardians who prepared pancakes for every child in RETNS on this special day and to Lidl, Nutgrove who donated the ingredients.

As in the past, we fundraised for the Children's Health Foundation which raises vital funds to support sick children and their families in Crumlin, Temple Street, Tallaght and Connolly Hospitals. The suggested contribution was 2 euro per child.

If you would still like to donate, please send in any donations by tomorrow, Friday 24 February.

Book Covering

We have recently invested in new reading books for our junior classes. Thank you to the very dedicated team of parents/guardians who spent many hours this week covering the books.

Ireland Reads Day is on Saturday, 25 February. Why not take the time to enjoy a book with your children – and/or on your own!

Frásaí na Seachtaine –Lá na bPancóg

An bhfuil siad réidh? *Are they ready?*

An bhfuil sé dóite? *Is it burnt?*

Pancóga- see below

Seachtain na Gaeilge



Tá **an tréimhse is Gaelaí den bhliain** ag druidim linn agus táimid ar bís leis an agus an cultúr a bhaineann léi a cheiliúradh libh agus le Gaeilgeoirí eile ar fud a domhain.

Cuirfear tús le Seachtain na Gaeilge ar **an 1 Márta** agus mairfidh an fhéile idirnáisiúnta seo go dtí **an 17 Márta**. Le linn na féile spreagtar cainteoirí Gaeilge agus daoine a bhfuil spéis acu sa teanga chun teacht le chéile, le **taithneamh a bhaint as an teanga agus na traidisiúin a bhaineann léi**.

*The most 'Irish' time of the year is coming and we're excited to celebrate the Irish language and its culture with you and Irish speakers all over the world. Seachtain na Gaeilge starts on **1 March** and the international language festival will run up until **17 March**. During the festivities, Irish speakers and those with an interest in the language are encouraged to come together **to enjoy the language and its traditions**.*

Say Yes to Languages

Children from 3rd Class appeared in an article this month's InTouch magazine about the *Say Yes To Languages* programme. We have enjoyed sharing French and Spanish lessons with the children and look forward to more language learning in Term 2. See more information by clicking on this link: [INTO Article : Say Yes to Languages](#)

Cycle Right for Parents and Guardians

A new online course, **CYCLE RIGHT for PARENTS and GUARDIANS** elearning.cycleright.ie

has been launched for parents and guardians wishing to explore the skills and road safety training offered through Cycle Right. This is a programme of the Department of Transport.

The course modules include

- Preparing to Cycle
- Teaching a Child to Cycle
- Features of the Road Environment
- Turning Left and Right
- Cycling with a Child

Free Parenting Talks – see information attached [CFSN Parenting Webinars 2023](#)

Asthma Survey

Please see here a [Survey Cover Letter](#) inviting you to participate in a survey on asthma and its economic burden. There is more information in the letter attached

As a postgraduate researcher working on this study, I believe that you can provide valuable insights into the impact of asthma on families and individuals.

We are in the final weeks of data collection and would greatly appreciate your support in helping us reach our target number of participants. The survey is completely anonymous and will take no more than 10 minutes to complete.

The survey link is provided here. Our deadline for responses is mid-March.

Here is the link to the study: <https://www.surveymonkey.com/r/asthma-schools>

Thank you for your consideration, and please let me know if you have any questions or concerns.

Warm Regards,

Giacomo Di Capua

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Pronouns | He / Him

Le dea-ghuí

Maeve



Pancóga

Ideas

Comhábhair

100g plúr pléineáilte

2 ubh

300ml bainne

1 tbsp ola

pinse salainn



Modh

- Cuir na comhábhair ar fad isteach i mbabhla agus measc go dtí go bhfuil an meascán mín
- Cuir ola ar an bhfrioctán agus téigh
- Nuair atá an friochtán te, cuir píosa beag den mheascán air agus cócaráil ar feadh nóiméad amháin ar an dá thaobh
- Tóg ón bhfrioctán & cur cibé barrán gur mhaith leat ar bharr
- Bain sult!

