RATHFARNHAM



Weekly Update 29th April 2022

School Closures

RETNS is closed next Monday for the May bank holiday. We will also be closed on Friday, 3 June and Monday, 6 June.



This Week in RETNS

We have had a very busy week here in RETNS. $1^{\rm st}-3^{\rm rd}$ classes began rugby and $4^{\rm th}$ and $5^{\rm th}$ are doing GAA with Transition Year students from De La Salle. All children worked with artist Susie Fortune as part of the BLAST. This artwork will be on display at the Launch of the Awnings and Children's Art Exhibition which will take place from 14.00-16.00 on Sunday, $8\,\mathrm{May}$.

This afternoon, we held our meeting for the parents/guardians of Junior Infants joining the school in September 2022. Thanks you to children, staff and parents who presented information to our new parents/guardians.

Next Week in RETNS is Active Schools Week. We will have a range of activities and special Active Schools Homework.

Fundraising

Thank you to everyone who supported our Cake Sale before the holidays. It was much enjoyed and raised €1781.00 for the Irish Red Cross.

We also raised €330.00 on Pancake Tuesday for Crumlin, Temple Street, Tallaght and Connolly Children's Hospitals.

Bringing Back the Walking Bus

The Parents Association and Staff in RETNS are hoping to bring back the 'Walking Bus' from Friday 6th May 2022.

Traditionally every Friday morning RETNS families would meet at a variety of 'bus stop' locations approximately 1 km from the school and walk to the school together. There were 5 different meeting points at which parents and children could gather. Parent

volunteers acted as "drivers" from each of the meeting points to the school. All of the participants then met at the playground park gate and walked to school together and were greeted by staff and parent volunteers.

It was always a lovely way to start Fridays, to chat and get to know other parents and guardians and also to end the school week for the children. It's also a great Green Initiative and helps reduce traffic at the school on a Friday

We are hoping to restart the tradition again especially as the weather is getting better and as we head into the final school term before the summer break. Please reply to the P.A. survey on this by tomorrow, 29 April.

Family Fun Cycle – Message from the Dublin Cycling Campaign

We're planning to stage a Family fun cycle to show support and to raise awareness of the of the DLR connector project on May Bank Holiday Monday (02/May/2022) from 14:00 to 16:00. It will start near Loreto Park Playground, follow the proposed route of the DLR connector as far as Dundrum and then come back through the Slang Greenway to the start point. The route is ~6km long and marshalled with the slowest participant setting the pace.

The event is intended to be family orientated and as inclusive as possible. It won't take the form of a protest or a demonstration.

https://www.eventbrite.ie/e/family-fun-cycle-loreto-park-to-dundrum-tickets-314835520517

Family Fun Cycle: Loreto Park to Dundrum

Join us for a family friendly bike ride from Loreto Park, Rathfarnham to Dundrum village and back along the Slang river greenway. www.eventbrite.ie

Any and everybody is very much welcome to join and thanks to SuperValu Churchtown we should have some free Ice-cream at the end.

A Parents' Guide to a Better Internet

The updated Webwise online safety booklet for parents provides advice on children and social media, dealing with cyberbullying, image sharing and inappropriate content, along with advice on emerging topics including the influence of online algorithms, and evaluating information online.

The booklet contains information and advice for parents of younger children and teenagers. – Please see attached – Parents Guide Internet Safety

IRFU Give it a Try Programme for Girls

Two excellent clubs in the DLR area are running the IRFU Give It a Try (GIAT) female programme for 2022. The cost for the 8 weeks is only €10.00 and that includes a t-shirt.

Where: Blackrock College RFC https://goo.gl/maps/gvZaemyW1YKMBQCi9

Starts: Tuesday the 3rd of May 2022 for 8 weeks

Time: 6.00pm to 7.00pm

Who for: Females aged 6 to 12 years of age (no experience needed)

Contact: Killian O' Sullivan, 0877424455 or sign up through the following

link https://bit.ly/GIAT_BCRFC

Where: Wesley College https://goo.ql/maps/xM9otzVv494Ti7RW9

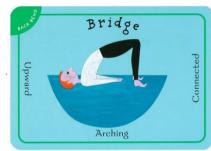
Starts: Sunday the 8th of May 2022 for 8 weeks

Time: 12.00pm to 1.00pm

Who for: Females aged 8 to 16 years of age (no experience needed) Contact: girlsrugby@oldwesley.ie or sign up through the following

link https://t.co/Z0oPWZ9ft7

Yoga Pose - Bridge



- see RETNS Yoga Pose Calendar

RETNS Yoga Pose of the Week



Restorative Practice - Parents' / Guardians' Course - Part 9

Needs and Doable Requests - working WITH people!

https://ubuntulearning.connectrp.ie/courses/1062046/lectures/22579077

Le dea-ghuí

Maeve