



# Weekly Update

## 19<sup>th</sup> March 2021

### Advice for Parents on COVID from the Department of Education

Video link - <https://youtu.be/hg2wRiXXSpc>

### This week (and last!) in RETNS

Senior Infants have been exploring the core value of peace this month. They have come up with some ideas of how to promote peace in our school and at home:

1. Listen to our friends, families, teachers and our own hearts.
2. Show kindness to others
3. Apologise and forgive
4. Practise yoga and mindfulness
5. Care for yourself, others, animals and the environment

Well done to Senior Infants and especially to Gearóid on his winning poster.



In their final week of Remote Learning, 6th class produced some wonderful creative writing about Skellig Michael. This can be seen on the school website and was shared with families of 6th class children via Seesaw.

2nd class have been baking with Gráinne, their student teacher and produced delicious green cupcakes on Tuesday.

### Seachtain na Gaeilge

On Tuesday, there was much excitement when the junior classes each had their own céilí.

We had a short concert for Seachtain na Gaeilge recorded during lockdown by some students in 5th class and Grainne Logue, our student teacher.

Well done to all staff and children who participated in our **Lá Glas** on Tuesday.

### Survey: Public Park Usage in Dublin during COVID-19 (PUDU C-19)

Dublin City Council (DCC) in partnership with Dublin City University (DCU) are hosting an online survey to identify what roles and functions the parks fulfilled for all Dublin citizens during the COVID-19 pandemic, how these can be maintained after the pandemic and what

future developments you would like to see in parks across the city. This is a great opportunity for key stakeholders to have their opinion, experiences and voices taken into account to shape the development of parks across Dublin in the coming years. If you would like to take part in this survey, please click on the link below:

[https://dcusciencehealth.qualtrics.com/jfe/form/SV\\_aYqkHAuKt9rDQj4](https://dcusciencehealth.qualtrics.com/jfe/form/SV_aYqkHAuKt9rDQj4)

DCC are particularly keen to hear from young people as their input is equally valued. If you would like your child/adolescent (10 - 18 Years) to take part in this survey and have their voice heard, please click on this link instead:

[https://dcusciencehealth.qualtrics.com/jfe/form/SV\\_9pKw85x82gvFgYm](https://dcusciencehealth.qualtrics.com/jfe/form/SV_9pKw85x82gvFgYm)

The survey runs from Monday 15th to Sunday 28th March 2021.

### **Free webinars for parents**

Remaining a positive parent with Dr David Coleman, Tuesday March 30th, 19.30

Join Dr David Coleman in discussing positive parenting and how best to respond to our children to support their emotional development.

<https://www.eventbrite.ie/e/remaining-a-positive-parent-with-dr-david-coleman-tickets-144637690225>

Nurturing a sense of wellbeing in the family by Stella O Malley, Tuesday 23rd March, 19.30

Explore the fundamentals of well-being in this talk with psychotherapist and author Stella O'Malley.

<https://www.eventbrite.ie/e/nurturing-a-sense-of-wellbeing-in-the-family-with-stella-omalley-tickets-144633481637>

Le dea-ghuí

Maeve